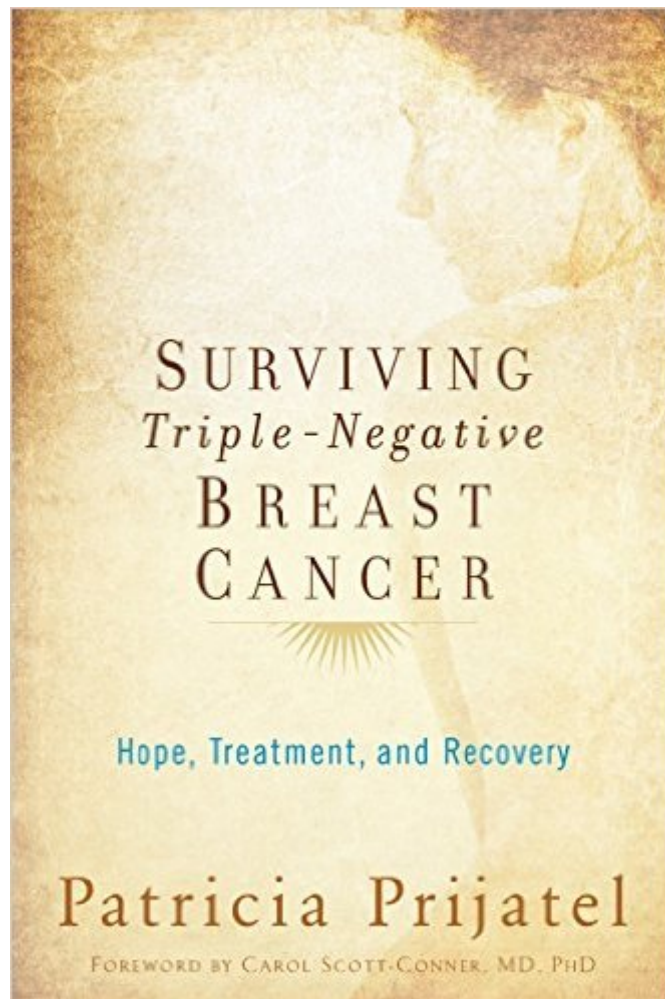


The book was found

Surviving Triple-Negative Breast Cancer: Hope, Treatment, And Recovery



Synopsis

After her diagnosis of hormone-negative breast cancer, health journalist Patricia Prijatel did what any reporter would do: start investigating the disease, how it occurs, how it's treated, and how to keep it from recurring. While she learned that important research on triple-negative breast cancer (TNBC) was emerging, she found a noticeable lack of resources on the disease, which differs from hormone-positive breast cancer in important ways, including prognosis and treatment options. Triple-negative breast cancer disproportionately affects younger women and African-American women--and some forms of it can be more dangerous than other types of breast cancer. But there are many reasons to be hopeful, as Prijatel shows in this book. *Surviving Triple-Negative Breast Cancer* delivers research-based information on the biology of TNBC; the role of genetics, family history, and race; how to navigate treatment options; understanding a pathology report; and a plethora of strategies to reduce the risk of recurrence, including diet and lifestyle changes. In clear, approachable language, Prijatel provides a fact-filled guide based on a vast array of scientific studies. Woven throughout the book are stories of women who have faced TNBC. These are mothers, wives, daughters, and sisters who went through a variety of medical treatments and then got on with life--one competes in triathlons, two had babies after being treated with chemo, one got remarried in her 50s, and one just celebrated the 30th birthday of the son she was nursing when she was diagnosed. Writing with honesty and humor, Prijatel delivers an inspiring message--that TNBC is a disease to take seriously, with proper and occasionally aggressive treatment, but it is not automatically a killer. Most women diagnosed with the disease survive and go on to live full lives. *Surviving Triple-Negative Breast Cancer* is a roadmap for women who want to be empowered through their treatment and recovery.

Book Information

Paperback: 256 pages

Publisher: Oxford University Press; Reprint edition (October 1, 2014)

Language: English

ISBN-10: 0199393850

ISBN-13: 978-0199393855

Product Dimensions: 9 x 1 x 6.1 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars Â Â See all reviews Â (66 customer reviews)

Best Sellers Rank: #390,297 in Books (See Top 100 in Books) #146 in Â Books > Health, Fitness &

Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer #167 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Oncology #302 inÂ Books > Medical Books > Medicine > Internal Medicine > Oncology

Customer Reviews

This is a marvelous book. When I ordered it I assumed it was the usual memoir on an encounter with breast cancer (I like those kinds of books) but this is so much more. Actually, she mostly covers the memoir part in the first 20 pages and then she gets down to the facts about this disease. She is primarily writing about "triple-negative" breast cancer (I'll let her explain what that is since she does it so well) but I think it is an invaluable resource for anyone interested in breast cancer. I wish I had had this book when I was diagnosed (same year as her - 2005 - and I am just 5 years older than she is). It would have explained so much and set me up to ask much better questions. She is not a doctor but a professor and a journalist and she has done her research in spades. The factual information is quite incredible. She carefully explains all about breast cancer and then tells you what to ask, how to deal with your doctors and with treatment options and she shares stories of others who have been through it. It is a very positive book, assuring readers that breast cancer is usually a survivable disease and she helps you confront the myriad decisions on treatment that usually overwhelm those newly diagnosed. And she helps you read all those dreadful statistics in a positive light. Throughout all this serious stuff, she is suddenly and unexpectedly funny! Quite a sense of humor. And I loved that she honestly shared her feelings and her fears of reoccurrence. Cancer makes you paranoid and she faces that quite honestly. I think many people will find that aspect very helpful. Since the subject is breast cancer, I would like to share a few personal thoughts with those who are newly diagnosed.

[Download to continue reading...](#)

Negative Calorie Diet: Calorie Zero to Size Zero!: (Negative Calorie, Negative Calorie Diet, The Negative Calorie Diet, Negative Calorie Foods, Negative Calorie ... in a week, the negative calorie diet book) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention, Colon Cancer) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung Cancer, Cancer Diet, Preventing Cancer, Cancer Prevention, Cancer Cure) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer, Cancer Prevention, Cancer Cure, Coping With Cancer, Cancer Books, Breast ... Cancer, Leukemia, Colon Cancer, Skin Cancer) Breast Cancer Prevention and

Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Surviving Triple-Negative Breast Cancer: Hope, Treatment, and Recovery Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) The Breast Cancer Patient's Survival Guide: Amazing Medical Strategies for Winning: A Natural Guide to Treatment of Cancer, Breast Cancer, Cancer and Nutrition, Beating Cancer and Fighting Cancer Breast Cancer Treatment Handbook: Understanding the Disease, Treatments, Emotions, and Recovery From Breast Cancer Anti-Cancer Diet: An Ultimate Guide to Reverse and Prevent Cancer Naturally! (anti-cancer diet, anti-cancer cookbook, anti-cancer diet recipes, reverse cancer, prevent cancer) Brain Cancer Treatment - How to Beat Brain Cancer And Get Your Life Back (Brain Cancer, Tumor, Brain Cancer Treatment, Natural Treatment) Heal Breast Cancer Naturally: 7 Essential Steps to Beating Breast Cancer Colon Cancer - A Cancer Prevention and Cancer Cure Guide to Understanding the Facts of Colon Cancer for Treatment, Diet, and Nutrition Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) When Cancer Hits Home: Cancer Treatment and Prevention Options for Breast, Colon, Lung, Prostate, and Other Common Types My IVF Breast Cancer: Estrogen Metabolism, Cancer Treatment & Functional Genomics The Cancer-Fighting Kitchen: Nourishing, Big-Flavor Recipes for Cancer Treatment and Recovery Cancer Fighting Kitchen: Essential Cancer Fighting Foods to Heal Cancer and Cancer Fighting Recipes Program 120 Female Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Ovarian Cancer, Lung Cancer, Diabetes, Dementia, Colon Cancer, Pneumonia, ... Medicine Patient Handbooks for Females)

[Dmca](#)